17th Annual
Oregon Chapter of the American College of Cardiology
Education Foundation
Oregon Cardiovascular Symposium
APRIL 17-18, 2020
Embassy Suites by Hilton, Portland Airport
Portland, Oregon

The Symposium is Approved for AMA PRA Category I Credit and Maintenance of Certification (MOC) Credit. Additionally, this activity has been submitted to Oregon Nurses Association for approval to award contact hours. (Please read inside for precise accreditation details and hours.)

REGISTER ONLINE TODAY...
www.cardiologyinoregon.org
### Oregon Cardiovascular Symposium Program

**17th Annual Oregon Cardiovascular Symposium — Day 1**  
**Friday, April 17, 2020**

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tbody>
<tr>
<td>7:00-8:00 am</td>
<td>Registration and Exhibits Open — Continental Breakfast</td>
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| 7:30-8:30 am | Independent CME Activity — Redefining the Role of Cardiologists in the Management of Type 2 Diabetes: Best Practices for Cardiovascular Risk Reduction — **Integrity Continuing Education**  
  **Darren McGuire, MD, MHS, UT Southwestern**  
  **Julio Rosenstock, MD, Dallas Diabetes Center** |
| 8:30-8:35 am | Welcome                                                                  |
| 8:35-9:35 am | Session #1 — Keto, Paleo, Fasting — Oh My? Navigating the Evidence for a Cardioprotective Diet  
  **Tracy Severson, RD, LD, OHSU**               |
| 9:35-10:35 am | Session #2 — Shared Decision Making in the Treatment of Cardiac Disease  
  **Dan Matlock, MD, MPH, University of Colorado** |
| 10:35-11:05 am | Exhibit Break                                                            |
| 11:10 am-12:10 pm | Session #3 — Novel Strategies Screening for CVD — Genetics, Biomarkers, Imaging, etc.  
  **James de Lemos, MD, PhD, UT Southwestern** |
| 12:15-1:15 pm | Independent CME Activity — Dual Antiplatelet Therapy in Coronary Artery Disease: New Guidelines and Beyond — **Rockpoint CME**  
  **L. Kristin Newby, MD, MHS, Duke University** |
| 1:15-2:15 pm | Session #4 — High Sensitivity Troponin, Type 2 NSTEMI, and the Everchanging Definition of Myocardial Infarctions  
  **James de Lemos, UT Southwestern** |
| 2:15-3:15 pm | Session #5 — Intersection of Antiplatelet and Anticoagulant Therapy — How to Best Manage Patients Who Need Both?  
  **L. Kristin Newby, MD, MHS, Duke University** |
| 3:15-3:45 pm | Exhibit Break                                                            |
| 3:45-4:45 pm | Session #6 — The Tricuspid Valve — Current Therapies and Updates on Tricuspid Valve Management  
  **Vinod Thourani, MD, FACS, FACC, Piedmont Heart Institute** |
| 4:45-5:45 pm | All Symposium Reception — Hosted                                          |

**Register Online**  
for the  
**17th Annual Oregon Cardiovascular Symposium**  
[www.cardiologyinoregon.org](http://www.cardiologyinoregon.org)
7:00-8:00 am  Registration and Exhibits Open — Continental Breakfast

7:30-8:30 am  Independent CME Activity: Mastering the Art of Prior Authorization to Improve Patient Access to PCSK9 Inhibitors — Integrity Continuing Education
James Underberg, MS, MD, FACPM, FACP, FNLA, NYU Langone Health

8:30-9:30 am  Session #7 — Low and Moderate Risk Severe Aortic Stenosis — How to Develop a 20-30 Year Plan — TAVR, SAVR, and Valve in Valve Treatment Strategies
Vinod Thourani, MD, FACS, FACC, Piedmont Heart Institute

8:30-9:30 am  Session #8 — Role of Biomarkers and Imaging in CVD Prevention
Michael Shapiro, DO, FACC, Wake Forest University

9:30-10:30 am  Session #9 — Advanced Heart Failure — When to Refer for Advanced Therapies and When to Refer to Hospice
James Fang, MD, University of Utah

10:30-10:50 am  Exhibit Break

10:50-11:45 am  Session #10 — Fellows Case Studies — Lunch

11:45 am-1:00 pm  Session #11 — Top 10 Clinical Pearls in Treating Heart Failure
James Fang, MD, University of Utah

1:00-2:00 pm  Session #12 — Surgical and Interventional Left Atrial Appendage Closure — Are We Sure This is Beneficial?
Matthew Brennan, MD, MPH, Duke University

2:00-3:00 pm  Session #13 — Hypertension Guidelines — Debating the Goals
Matthew Sorrentino, MD, FACC, FAHA, University of Chicago

3:00-3:10 pm  Break

3:10-4:10 pm  Session #14 — Combining Anatomic and Functional Information in the Assessment of CAD — Coronary CTA with Fractional Flow Reserve
Maros Ferencik, MD, PhD, OHSU

Maintenance of Certification (MOC) Credits
Successful completion of all CME activities enables the participant to earn up to 17.25 MOC Points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC Points equivalent to the amount of CME credits claimed for each activity. It is the CME activity provider’s responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC Points. Participant’s personal information will be shared with the ACCME and the ABIM.

Review Maintenance of Certification criteria: www.abim.org/moc/
Accreditation

Symposium CME Accreditation: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providershhip of OHSU School of Medicine and the Oregon Chapter American College of Cardiology Education Foundation. The OHSU School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

Credit
OHSU School of Medicine designates this live activity for a maximum of **14.25 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Independent CME Activity - #1 Accreditation (Friday Morning): This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the providership of Integrity Continuing Education, Inc. Integrity Continuing Education, Inc. is accredited by the ACCME to provide continuing medical education for physicians.

Credit
Integrity Continuing Education, Inc. designates this live activity for a maximum of **1.00 AMA PRA Category 1 Credit(s)™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Independent CME Activity - #2 Accreditation (Friday Noon): This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providershhip of the University of North Texas Health Science Center and Rockpointe. The University of North Texas Health Science Center is accredited by the ACCME to provide continuing medical education for physicians.

Credit
The University of North Texas Health Science Center designates this live activity for a maximum of **1.00 AMA PRA Category 1 Credit™**. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Independent CME Activity - #3 Accreditation (Saturday Morning): This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the providership of Integrity Continuing Education, Inc. Integrity Continuing Education, Inc. is accredited by the ACCME to provide continuing medical education for physicians.

Credit
Integrity Continuing Education, Inc. designates this live activity for a maximum of **1.00 AMA PRA Category 1 Credit™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nursing Contact Hours Accreditation
This activity has been submitted to the Oregon Nurses Association for approval to award contact hours. Oregon Nurses Association is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.

We anticipate approval for **18 Contact Hours** for the Oregon Cardiovascular Symposium.

In Cooperation with

[OHSU Knight Cardiovascular Institute] [Providence Heart and Vascular Institute] [Asante] [Kaiser Permanente]
Scope of Practice

Cardiovascular disease remains a leading cause of death and morbidity in the United States, despite substantial gains in diagnostics, prevention and treatment. The 17th Annual Oregon Cardiovascular Symposium will provide a thorough review of the literature and update participants on current evidence-based practice for heart failure and arrhythmias as well as how certain comorbidities affect the patients. It will provide balanced expert opinion and recommendations of key advances and state of the art cardiovascular care that clinicians and patients expect. There is a persistent gap between the practice of cardiology and guideline-recommended evaluation and therapy. In a time of continually changing information based on new research findings, it is difficult for providers to maintain an up-to-date knowledge base and, therefore, competency in these areas. As a result, the performance of the physician and other members of the cardiac care team frequently lags behind state-of-the-art practices. The 17th Annual Oregon Cardiovascular Symposium addresses this gap by providing an extensive expert review of clinical cardiology through didactic lectures, panel discussions, and case presentations which will emphasize newer concepts of diagnosis, decision making, community support, pharmacology and interventional therapy in areas of ischemic and valvular heart disease, cardiac arrhythmias, heart failure and other clinically pertinent topics.

Learning Objectives

Upon completion of this program, attendees should be able to:
1. Provide evidence-based nutrition recommendations to patients for CV risk reduction
2. Describe current practice and policy initiatives aiming to enhance shared decision making
3. Participants will better identify high risk patients with opportunities to initiate preventive therapies
4. Participants will understand the advantages and potential disadvantages of high sensitivity troponin assays and appropriately use these tests to improve the diagnosis of MI
5. Know the current recommendations for the antiplatelet component of combination therapy and duration of use
6. Understand the surgical and transcatheter options for Tricuspid Regurgitation (TR)
7. Understand the options for SAVR and TAVR low and intermediate risk patients
8. Understand how to interpret the results of novel biomarkers and atherosclerosis imaging tests
9. Be able to recognize milestones of advanced heart failure
10. Review importance of guideline directed medical therapy
11. To outline the most effective strategies for the treatment of resistant hypertension
12. Understand the new evidence for the use of coronary CT angiography for the evaluation of patients with stable chest pain and suspected stable CAD

This is a partial list of Learning Objectives. The complete list of learning objectives can be found at www.cardiologyinoregon.org
Target Audience
Cardiovascular Physicians, including Adult, Pediatric and Surgeons, Internists, Family Practice Physicians, Nurses, Nurse Practitioners, Clinical Nurse Specialists, Physician Assistants, Pharmacists, Cardiovascular Perfusionists and CV Technologists.

Grant Acknowledgment
At the time of printing, a complete listing of industry sponsors was not available. Appropriate acknowledgement will be made upon confirmation of support and at the time of the program.

Disclosure and COI Policy Statement
Detailed faculty disclosures will be made available to participants prior to this activity. The planning committee members have disclosed that they have no financial relationships with commercial interests which produce, market, re-sell, or distribute health care goods or services consumed or used by their patients.

Accommodations – Embassy Suites by Hilton, Portland Airport
A special block of rooms has been reserved for Symposium attendees at the Embassy Suites by Hilton, 7900 NE 82nd Ave, Portland, Oregon. The Embassy Suites has parking available for our Symposium attendees, and the cost is being covered by the Oregon ACC. To reserve your room, please call 1-800-774-1500 and identify yourself as being part of OR Chapter of the American College Cardiology in order to access our special rates of $166 single and double. Online reservations may be made by using the hotel link shown at www.cardiologyinoregon.org

Americans with Disabilities Act
In accordance with the Americans with Disabilities Act, the Oregon Chapter of the ACC Education Foundation seeks to make this conference accessible to all. If you have a disability that might require special accommodations, please contact the Oregon Chapter of the ACC Education Foundation.

Committee Members
Scott Chadderdon, MD
OHSU
Program Director, ACC Oregon Chapter
Jayne Mitchell, ANP
OHSU
Nurse Planner, ACC Oregon Chapter
Alan Morasch, CAE, Oregon Chapter of the ACC – Chapter Key Contact
Tamara Atkinson, MD
Portland VA Medical Center
Brian Gross, MD, FACC
Southern Oregon Cardiology
Castigliano Bhamidipati, DO, PhD, MSc
OHSU
Aly Rahimtoola, MD, FACC
Providence Heart and Vascular Institute
Charles R. Cannan, MB, CHB, FACC
Providence Heart and Vascular Institute
Pasala Ravichandran, MBBS, FACC
Legacy Health
Tyler Gluckman, MD, FACC
Providence Heart and Vascular Institute
Edward Toggart, MD, FACC
Samaritan Heart and Vascular Institute
17th Annual Oregon Cardiovascular Symposium
Friday/Saturday, April 17-18, 2020

Registration Form
Embassy Suites by Hilton – Portland, Oregon

Registration Contact Information Please neatly fill in the form.

First Name ____________________________ Last Name___________________________ M.I. _________

Company/Institution/Practice __________________________________________________________________

Designation ___________________________________ Specialty ________________________________

Address ____________________________________________________________________________________

City __________________________________________________________ State _______ ZIP __________

Office Phone __________________________________________________________________________________

E-Mail _________________________________________________________________________________________

Are you an ACC Member: Yes ☐ No ☐ Your ACC Mbr. Number _________________________________

Today’s Date _______ Special Meal Request: ☐ Vegetarian ☐ Vegan ☐ Other______________

Symposium Registration Fees

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<thead>
<tr>
<th></th>
<th>Advance Registration</th>
<th>Regular Registration</th>
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<tbody>
<tr>
<td><strong>Physicians</strong>*</td>
<td>☐ $450</td>
<td>☐ $500</td>
</tr>
<tr>
<td><strong>Non-Physicians</strong></td>
<td>☐ $325</td>
<td>☐ $375</td>
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*Physician pricing reflects the MOC credit cost

Symposium Registration Payment

☐ Check Enclosed *(Make check payable to Oregon Chapter ACC Education Foundation)*

☐ VISA ☐ MasterCard ☐ AMEX Amount $ ___________ Sec. Code of Card ____________

Card # __________________________ Exp. Date ____________

Name on Card __________________________

Signature __________________________

☐ I would like to support the Oregon Chapter ACC Education Foundation with a tax-deductible gift in the amount of $ __________

Cancellation Policy

Cancellations made by April 3, 2020 will receive refunds less a $50 handling fee. Cancellations after April 3, 2020 are nonrefundable, but transferable to another person.

Return This Form to
Oregon Chapter of the ACC, PO Box 55424, Portland, OR 97238  503-345-9294
For more information or to register online, visit www.cardiologyinoregon.org

Questions?
Alan Morasch, CAE, Chapter Administrator, Oregon Chapter of the ACC
503-345-9294  •  Fax: 360-256-5597  •  alan@cardiologyinoregon.org
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